

For Grown-Ups

Lily: "Grown-ups help, Rangers learn, together we're strong!"

Thank you for walking with a Ranger. This handbook teaches simple, life-saving habits through play. You are the safety net.

Your jobs

- **You handle the risky parts:** fire and boiling, hot drinks and food, knives and needles, medicine, chlorine or bleach, batteries, deep or fast water, rope work, and anything strange or unknown.
- **You sign off badges.** Watch the child do the step, then tick the box. There are no tests and no scores, and children are never compared. Little ones can stop at Bronze.
- **Keep it gentle.** Use calm, hopeful words. Don't use frightening images, and don't press a child to talk about bad things they've lived through.
- **Protect privacy.** Don't post children's names, faces, locations or badge pages online. Progress lives on paper.
- **Use local help first.** Clinics, aid desks, child-friendly spaces and mine-action teams know your area better than any book.

Safety lines in this book (please keep them)

1. Danger Awareness gives a behaviour rule only (stop, don't touch, go back, tell). It shows no real devices and teaches no identification, and the hunt game uses pictures in a checked camp area.
2. Health content is "notice and tell", never home treatment, apart from cool water for burns and washing small cuts.
3. Fix It uses camp-safe, adult-checked materials only, never rubble or unknown metal.
4. Platinum steps always need a grown-up, and for mine-risk only a trained educator.

How to run a Ranger session (about 20 minutes)

1. Watch the episode (or listen to Rangers Radio).
2. Look at the Field Card together.
3. Practise one checklist line with props.
4. Lily's slogan, all together.
5. Colour one blue-heart segment if a level was earned.

Before anything here is used publicly

- A medical reviewer should check Chapter 2.
- A mine-action reviewer should check Chapter 4 (see the draft outreach request).
- A food and fuel expert should check retained-heat cooking (Chapter 6).

Mine and explosive-hazard safety for grown-ups (with Chapter 4)

- Teach children only the behaviour rule (stay on the path; stop, don't touch, go back the way you came, tell a grown-up). Never show real devices, and never teach children to mark them.
- Adults: never touch, kick, throw, move or burn suspicious items. Warn others to stay away, and report to local authorities or a mine-action organisation. Partners can add their local hotline here.
- Use only known, used paths in affected areas, and follow local risk-education briefings.

Responding to disclosure (with Chapter 14)

Stay calm, believe the child, say it's not their fault, don't promise secrecy, and refer to protection staff or child-protection services quickly.

Reviewers before public use

Chapter	Reviewer
02, 12, 13	Medical (paediatric / emergency)
04	Mine-action / EORE specialist
10, 14	Child protection and menstrual health
07 and the Grief Center	MHPSS

Local numbers

Add your country's emergency, child helpline and health numbers to the site's help page (help.html). Find verified helplines at <https://findahelpline.com>.